

Our Feasts & Obligations for 2025, Liturgical Cycle: C

Easter & Lent

- **Mar. 5th – Apr. 17th:** Lent
- **Apr. 13th–Apr. 19th:** Holy Week
- **Apr. 18th:** Good Friday
- **Apr. 19th:** Holy Saturday
- **Apr. 20th:** Easter Sunday of the Resurrection

Holy Days of Obligation

(Must attend the Holy Mass)

- **Every Sunday**
- **Jan. 1st:** Solemnity of Mary, Mother of God
- **May 29th:** Solemnity of the Ascension of the Lord
- **Aug. 15th:** Solemnity of the Assumption of the Blessed Virgin Mary
- **Nov. 1st:** Solemnity of All Saints*
- **Dec. 8th:** Solemnity of the Immaculate Conception of Mary
- **Dec. 25th:** Solemnity of the Nativity of our Lord

*Abrogated to Sun. this year.

Our Parish Patron Saint Days

- **Jan 1st:** Solemnity of Mary, Mother of God
- **Mar. 19th:** Feast of St. Joseph
- **Jun. 29th:** Feast of St. Paul the Apostle
- **Aug. 4th:** Feast of St. John Vianney
- **Aug. 25th:** Feast of St. Louis, King of France
- **Nov. 4th:** Feast of St. Charles Borromeo
- **Dec. 27:** Feast of St. John the Apostle

Other Obligations

Fasting

(Ages 18-59. 1 meal & 2 snacks)

- **Mar. 5th:** Ash Wednesday
- **Apr. 15th:** Good Friday

Abstinence from Meat

(Ages 14 & over. Except eggs, fish & shellfish)

- **Mar. 5th:** Ash Wednesday
- **Every Friday during Lent***
- **Apr. 15th:** Good Friday

Other Abstinenes

(Ages 14 & over)

- **Every Friday outside of Lent***

Sacramental

(After fulfilling the necessary requirements)

- **Once a year,** attend Reconciliation (Confession)
- **Once a year,** attend the Eucharist during Lent[†] (must be in the State of Grace)

*Suspended when it falls on a solemnity.

†Can be fulfilled at another time if there is just cause.



Questions? Visit our website's "[Our Faith](#)" page to find links to where you can find answers. Thank-you! *St. John Vianney Parish*